

*Proclamation*  
*Mental Health Month 2020*

WHEREAS, mental health is essential to everyone’s overall health and well-being; and  
WHEREAS, all Americans face challenges in life that can impact their mental health;  
and  
WHEREAS, prevention is an effective way to reduce the burden of mental health  
conditions; and  
WHEREAS, there are practical tools that all people can use to improve their mental health  
and increase resiliency; and  
WHEREAS, mental health conditions are real and prevalent in our nation; and  
WHEREAS, with effective treatment, those individuals with mental health conditions can  
recover and lead full, productive lives; and  
WHEREAS, each business, school, government agency, healthcare provider,  
organization and citizen share the burden of mental health problems and has  
a responsibility to promote mental wellness and support prevention efforts.

NOW THEREFORE, I, Mayor Cathy Gross, do hereby proclaim May 2020 as Mental  
Health Month in the City of Monticello. As the Mayor of  
Monticello, I also call upon the citizens, government agencies,  
public and private institutions, businesses and schools in the City  
of Monticello, Indiana, to recommit our community to increasing  
awareness and understanding of mental health, the steps our  
citizens can take to protect their mental health, and the need for  
appropriate and accessible services for all people with mental  
health conditions.

In testimony whereof, I have hereunto set my  
hand and caused to be affixed the Seal of the  
City of Monticello this 1<sup>st</sup> day of May, 2020.

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Cathy Gross, Mayor